

Spagyric medicine

Spagyric medicine is an ancient traditional way of healing with energetic medicines. It works hand in hand with all therapies that focus on global healing, as well as with allopathic treatments. Combining ancient herbalist art and the latest modern scientific knowledge regarding drug safety, Spagyric essences are totally non toxic and may be taken simultaneously with any drug therapy.

Spagyric medicine is a wonderful bridge between classical homeopathy, modern herbal medicine, aromatherapy and energy healing. Rich in mineral salts and trace elements, and including the energetic strength of homeopathic remedies, it brings to the body the whole healing potential of the plants. Spagyric medicine enables restoration of bodily functions and boosts self-healing processes.

Plants are at the centre of this therapeutic method. Spagyric essences are made from plants, but constitute above all a whole energetic medicine. During the specific process (*described below*) based largely on alchemy that leads from the plant to the Spagyric essence, all toxic components are removed and the healing power of the plant is magnified. More than 80 plants traditionally used in popular medicine are employed, many indigenous plants, such as St. John's Wort, Yarrow, English Yew, Horse Chestnut and Camomile, and also exotic plants like Ginseng, Okoubaka, Neem, Cinchona and Madagascar Periwinkle.

Spagyric concepts

The first man in history to practice Spagyric medicine was Paracelsus, the 16th century Swiss healer. He coined the word "Spagyric" from two Greek words meaning "to separate", or "to purify" and "to reunite", alluding to the specific preparation process of a Spagyric essence. Given to a patient, such a remedy mobilises his/her self-healing forces.

As a natural therapeutic system, Spagyric offers a holistic solution to physical and psychic ailments. It treats the human being as a whole, body, soul and spirit: in this respect, Spagyric has the same foundation as the oldest ways of healing mankind, namely Chinese, Tibetan and Ayurvedic medicines.

Spagyric also helps transform the patient: he/she is helped to evolve mentally and to understand, little by little, the real cause of his/her disease. This is an essential step in the process of healing. Paracelsus focused on stimulating the patient's self-healing forces: complete healing of a disease does not come only by alleviating symptoms, but it must also cure emotions and fears that may have triggered the disease.

From the plant to the Spagyric essence

For the spagyrist, the plant is not only a source of many active ingredients from which some may be extracted to produce herbal remedies. He also believes that a hidden therapeutic force resides inside the plants and that it is possible to release it and even to increase it by a complex process related to alchemy. Furthermore, the specific manufacturing process of Spagyric essences eliminates the toxic active ingredients, in particular alkaloids; it should not be forgotten that some traditional herbal remedies may be toxic depending on the plant, and that chemicals could interfere with the molecules used in an allopathic treatment. **The resulting Spagyric essence, however, is non toxic; it is devoid of side effects and does not interfere with any other treatments that the patient could be undergoing simultaneously.** However, they retain the curative energetic power of the plants and are recommended in general to improve the patient's quality of life.

The complex manufacturing process of Spagyric essences begins with the fermentation of the plant material, a first stage inducing the transformation of some components, producing, as in most fermentations, natural alcohol. The second stage consists of a distillation during which natural alcohol, volatile compounds, and essential oils are collected. During the third stage, the residue of distillation is calcinated at high temperature to allow the recovery of the mineral salts and trace elements of the plant and at the same time the destruction by burning of all carbon components (alkaloids...). Then, the salts are dissolved in the distillate and the resulting Spagyric essence undergoes a process of maturation.

These three stages separate, and then join together, the three categories of the active ingredients of the Spagyric essence:

- Alcohol symbolizes the "spirit", the force of life animating a being; it unites the two other categories.
- Essential oils represent the emotions of a being, the "heart", the essential, single and eternal focus of thought and spirituality.
- Mineral salts stand for the physical body.

Thus, according to the old concept of alchemy, a Spagyric essence contains the "trinity" (body, soul and spirit) of the plant; the three stages allow the use of the whole plant's potential.

Paracelsus thought that the balance of these three elements in a human being guaranteed health and that the disease came from an imbalance. By restoring balance and the communication between the three stages that create a human being, Spagyric essences support the process of healing.

Safety of Spagyric medicine

These natural remedies are made in licensed laboratories in Germany and Switzerland to the same standards of safety as modern drugs. They are produced in such a way that no alkaloids or toxic molecules can be found in the final products. Though pure and undiluted, their efficacy may be compared with "highly diluted" homeopathic remedies. They have no known side effects. Independent pharmacists control the production and each Spagyric essence has a Certificate of Analysis in accordance with the Good Manufacturing Practices (GMP). On the Continent these medicines are prescribed by many medically qualified doctors and are available from thousands of chemists. There are many brands of Spagyric medicines, about ten different methods of production and various concepts. Our reference is only to the brand made at PHYLAK Sachsen Laboratories (method of Dr Zimpel), which is recognised in the German Pharmacopoeia, paragraphs 25 and 26.

The treatment consists of oral drops; the length of the treatment depends on each particular case, but even a lengthy use does not produce side effects, as Spagyric essences are totally non toxic. We propose for each patient a tailor made combination of essences acting synergistically, according to his/her specific needs and matching his/her symptoms.

Spagyric essences are not supposed to take the place of allopathic treatments. This is not the role of natural medicine. However, complementary medicine and allopathic drugs may work together for the benefit of patients. When allopathic treatments, however effective, exhibit unpleasant side effects, Spagyric medicine finds its rightful role and brings help to patients.